

Cybersecurity checklist

The internet is now a very real part of our daily life and that's not going to change anytime soon. The internet's capabilities are only growing, each day it advances exponentially in terms of research, technology, or communication.

Since the internet is present in almost every moment of modern life, online privacy has become an important public issue.

The truth is, online privacy and human digital rights are under threat and may become even more so with the rise of easily available high-speed internet. Even though there are plenty of tough rules and laws put in place to protect users, the fight to safeguard online privacy is nowhere close to over.

There are tons of sneaky ways for hackers, cybercriminals, and data-hungry corporations to access our personal information. That's why it's so very important for all users to take their security seriously and protect their information and privacy as best they can.



Are you doing everything you can to ensure your online security and privacy?

Use the checklist below to assess your digital safety.

Does this match the criteria?	✓	✗
I use a strong password composed of letters and numbers for the main accounts I use regularly		
I use multi-factor authentication (MFA) with my accounts		
I have and use a password manager		
I connect my mobile phone or device to public Wi-Fi only by using a VPN		
I delete my browser's cookies regularly		
I regularly use incognito or private mode when browsing online		
I follow smart safety practices when using email like not opening suspicious emails, enabling anti-phishing features, not clicking on suspect email attachments, etc.		
I follow smart web browsing safety practices like avoiding downloading suspicious files, clicking on doubtful links, etc.		
I don't download files from any website		
I regularly use encryption services (mail, messaging, browser, etc.)		
I care about the level of security and privacy offered by services I use		
The antivirus I use is always updated and renewed		
I enable a Virtual Private Network (VPN) when using my laptop or other device to make my IP address untraceable		
I have backups of my files in case I lose them due to a security breach		
I check the permissions and access information of mobile apps I have active		
I delete the apps I don't frequently use		
At work or while using collaborative tools, I share information and files publically or outside of the organization		
At work or while using collaborative tools, I protect my data with the help of one or more subscription services		
At work, I make sure to follow and comply with General Data Protection Regulation (GDPR) requirements		